Irish National Opera

Cork Open Foyer Call Out

Everyone is welcome, no previous dance experience needed.

We are inviting people in Cork to take part in a welcoming and inclusive creative dance project leading to an Open Foyer performance at Cork Opera House on **Tuesday 16th February 2027**, before Irish National Opera and Luail's performance of *Les Boréades.*

The project will commence with a special workshop with Stephanie Dufresne. Working with themes and ideas connected to *Les Boréades* and its choreography, by Liz Roche. Stephanie will guide participants through movement and developing their own creative responses to the piece, offering a relaxed opportunity to move together, explore ideas and get comfortable with creative movement.

Following Stephanie's workshop, artist **Inma Pavon** will continue working with the group through a series of classes in January. These sessions will give participants time and support to develop the movement material created during the workshop, including individual movement responses, and shape it together.

The project will culminate in an Open Foyer performance at Cork Opera House on **Tuesday 16 February**, before the performance of *Les Boréades.*

Who is it for?

Anyone who is curious about moving, creating and taking part is welcome.

You do not need to be a dancer or have any previous dance experience. We are interested in bringing together people with different bodies, experiences, ages and ways of moving.

The project will be supportive and collaborative, and you will be encouraged to find movement that works for you rather than learning set dance steps.

We want the project to be as accessible as possible. If you have mobility, sight or hearing requirements, or any other access or support needs, please get in touch with us at andrea@firkincrane.ie. We would be very happy to talk with you about what would help you participate comfortably.